

Sultanate of Oman





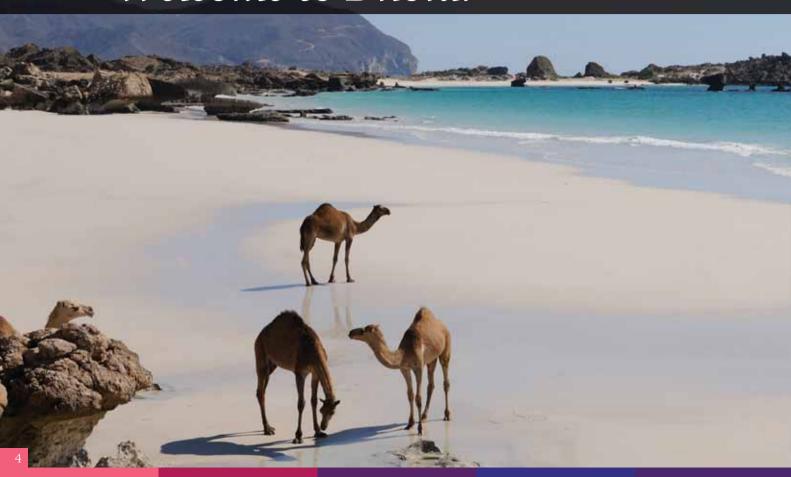
The Brand Oman image is one which incorporates elements of the nature of Oman into a unique symbol that represents the country. The initial design incorporated representations of a Dhow (top right), Turtle (bottom), Mountains (top left) and Frankincense smoke (centre). These images were then developed into the calligraphic Arabic word "Oman" (معان). Choosing a palette of colours enabled the emphasis on everyday scenes which make Oman unique. Here our range of colours emphasize the leisure that can be enjoyed in Oman, Salalah's Khareef, Oman's seas and the purple that envelopes the sky before dawn breaks over the desert

We are proud of our Brand Oman and hope you will recognise it as you travel through our beautiful and hospitable county.

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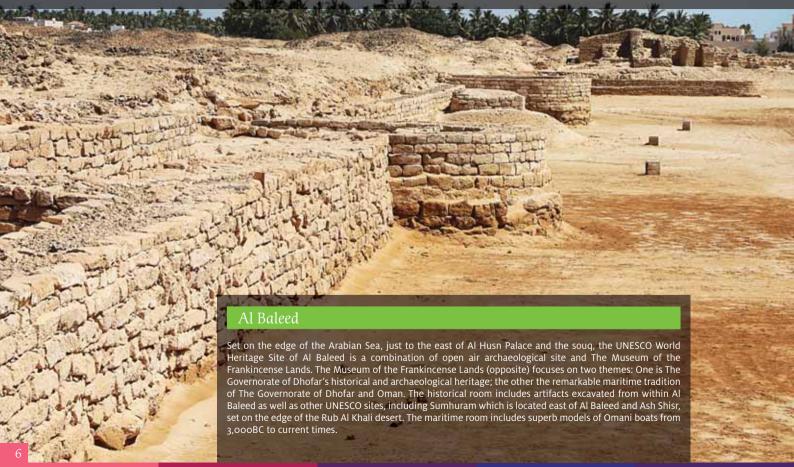
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Welcome to Dhofar





Historical sites











Mirbat

Situated between the extraordinary escarpment of Jebel Samhan and the Arabian Sea, Mirbat is a charming coastal town. Historically it traded in horses and frankincense, more recently in abalone and from its fishing harbour, fish. Overlooking the harbour entrance is Mirbat Fort which, in origin, is an early 19th century fortification. Separated from Mirbat Fort by a small hill is the whitewashed tomb of Mohammed bin Ali, a respected religious leader who died in 556H (1161AD). Beyond Mirbat the coastline becomes more rugged as the road winds through outcrops of granite rock on its way to Sadh, with its small fort, and Hasik, set on a vast sweeping bay.





Town of Tagal

The town of Taqah's charming coastal setting to the east of Salalah makes it an attractive town to visit or stay in. To the west of the town is Khor Taqah, a lagoon edged with natural reeds and a section landscaped to enjoy the views. From the lagoon, a long walk or drive along the beachfront will take you past coconut plantations towards the older part of town. Here is the Sheikh Afif Mosque, which is located next to Taqah Fort. The fort is built around an open courtyard offering its residents privacy and security and, from its upper storey, allows visitors views of the town, mountains and sea. From the fort it's possible to take a short walk through the back streets of the town, where visitors will see several old buildings in traditional Dhofar Governorate style.



Prophet Job

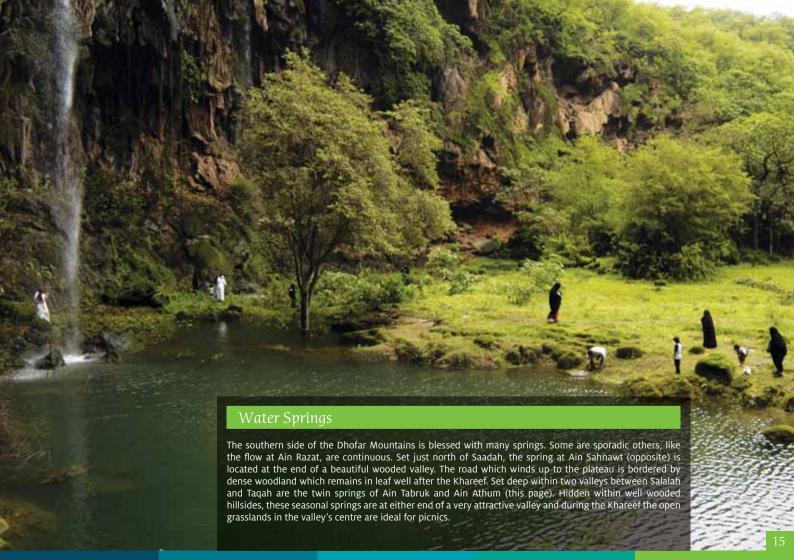
The tomb known within the region as that of Prophet Job (Nabi Ayoub (PBUH) has a magnificent location set high in the mountains overlooking the sea and coastal plain around Salalah. The drive from Salalah is full of interest as it passes close to Ain Jarziz, the water spring, and then rises steeply upwards with valleys appearing to the right and left. Picnic places allow families to enjoy the atmosphere and enjoy the views around.



Prophet Imran

Just south of Salalah Airport is the extremely long tomb believed to be that of Prophet Imran (PBUH), set within a small garden with ornamental plants. Close to this location is the site of the Prophet Saleh's [PBUH] camel's footprint and beyond that is a charming drive through coconut plantations. The Governorate of Dhofar has a number of tombs, thought by many people to be those of other respected religious leaders including Prophet Hood's (PBUH) tomb near Zayk and Prophet Saleh's (PBUH) tomb before Hasik.

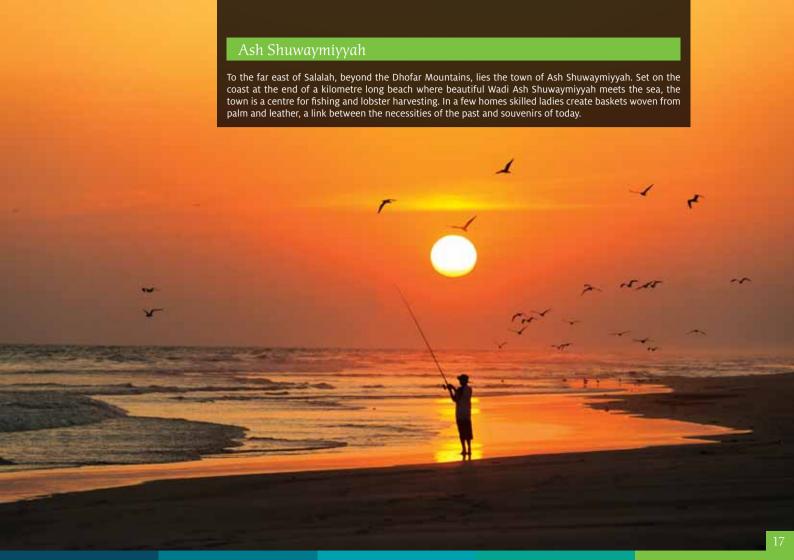






Wadi Darbat

The most unexpected site in Dhofar is Wadi Darbat. The wadi is secreted in the mountains overlooking the site of Khor Rori, just after Taqah on the coast. At its southern end a natural Tufa dam described by mid 19th century travellers as 'one of the most stupendous natural phenomena we have ever seen' allows views over wide areas of the coast. Within the wadi are a ribbon of small lakes overlooked by undulating hillsides. During the Khareef the water is replenished and some may remain throughout the year. The grasslands formed during the Khareef offer grazing for camels, cows, goats and donkeys, as well as a spacious picnic area for visitors.





Birds in The Governorate of Dhofar

Though usually associated with the Afrotropic region The Governorate of Dhofar's avifauna receives migrants from the Palearctic and an increasing number from the Indomalaya region. To the north of the Dhofar Mountains isolated areas of vegetation provide critical places of recuperation for migrants like Hume's Leaf Warbler, while the more fertile mountains and valleys host not only migrants such as White Stork but permanent residents including the Rüppell's Weaver and Grey-headed Kingfisher. The coast line has innumerable seabirds and waders, including Socotra Cormorant and Greater Flamingo.





Governorate of Dhofar land mammals

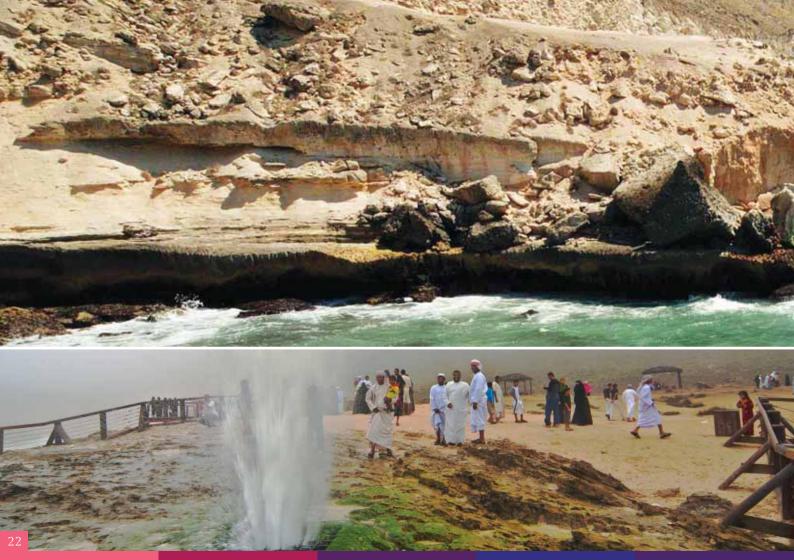
Throughout the Governorate of Dhofar land mammals inhabit the mountains and coastal plains, where they enjoy protection from hunting under Oman's law. The most iconic is the Arabian Leopard, one of the smallest Leopard species and these mountains are critical to its survival. The Arabian Gazelle can most readily be seen in the valleys either side of the main mountain ranges. In these valleys Rock Hyrax are also found, while in remoter areas Striped Hyaena, Nubian Ibex and Arabian Wolf live.

Dhofar mountains

The Dhofar Mountains are by far the major natural feature in the Governorate of Dhofar. They extend from the farthest west of the region near Dalkut to Ash Shuwaymiyyah in the east. Each of the three main ranges has a unique appearance, which helps create added interest for those visitors who wish to explore them. The thousand meter high cliffs of Jabal Al Qamar (The Moon Mountains), which face the Arabian Sea in the west, catch the moisture from clouds formed during the Khareef (Monsoon) season from June to September, creating the 'cloud forest', which develops a green blanket of vegetation on those slopes which drop towards the sea.

The central arc of the Dhofar Mountains is known as Jabal Al Qara. The slopes of these undulating hills are covered by the 'cloud forest', while the plateau is an extensive seasonal grassland. Between the Arabian Sea and these mountains the coastal plain enables animal pastoralists to bring their animals away from the cloud during the Khareef season. The wadis throughout Jebel Qara offer walks to enjoy the splendid scenery and nature. Extending east beyond Mirbat is Jebel Samhan (these pages) whose kilometer high escarpment overlooks the rugged coastal plain below.







Mugsayl Beach

Probably the most famous attraction of The Governorate of Dhofar are the 'blow holes' at Mugsayl to the west of Salalah. Small holes in the rock just above the sea allow a forceful fountain of sea water to explode into the air during times when the sea is slightly rough. The sound as the air and sea water rush upwards is almost as if an angry sea monster would appear rather than a dramatic cascade of water. Overlooking the blow holes, Al Marnif Cave provides a sheltered place to relax and enjoy the views and sea breeze. Mugsayl Beach's soft white sand stretches for six uninterrupted kilometres and its small picturesque shelters allow families to picnic and relax overlooking the sea. The Mugsayl area also has some of the most accessible frankincense trees of the region and when they flower honeybees produce frankincense honey.

Frankincense Trail



Frankincense

Legendary yet familiar, for thousands of years Frankincense has played a part in the culture not only of Oman but in areas as far apart as ancient Rome and China. A skillful cut takes a sliver of bark away from the branch of a Frankincense tree and the white sap flows to become sought after pearls of Frankincense resin. The sight of Frankincense resin heating on smouldering charcoal as its pale grey smoke curls into the air leaving a trail of perfume wherever it reaches is a daily sight in households throughout Oman.

Frankincense adds its tell-tale scent to the products of the Omani perfume house Amouage, enabling a wider audience to enjoy its fragrance. For those who wish to treat them selves to a unique taste of history, it is possible to purchase Frankincense ice cream and Frankincense honey from the sougs of Salalah.



Shopping



Shopping

Enjoy a mix of international shopping style with the unexpected discovery of local specialities during your stay in Salalah. Next to Al Husn Palace, the souq often called the 'perfume souq' for good reason, has a vast offering of Frankincense and the powdered incense called Bakhoor that is available in an extraordinary range of fragrances. North from here, just next to As Salam Street, is the Gold Souq, where you can not only buy gold but also traditional silver. If you have a few days in Salalah why not ask the craftsmen to create your own unique jewellery. As Salam Street stretches for four kilometres through Salalah city centre. To the west of An Nahdha Street, are numerous unique shops catering to ladies, while to the east the selection is more general. Ar Rubat Street, which is to the south of Salalah Airport, has shopping malls that include familiar names the world over, like Body Shop, McDonalds and Carrefour, as well as major Gulf stores such as Lulu Hypermarket and Babyshop.





Accommodation

Salalah, the principal city of the Governorate of Dhofar, has accommodation to suit most visitor requirements. Along the coast, like a string of pearls, are a number of fine beach front 5-star hotels. For families who prefer larger accommodation several specialised companies can offer furnished villas and apartments to suit most requirements. Restaurants include international style dining in the major hotels, while most areas of Salalah offer a range of cuisine including Omani, Chinese and Turkish. The Governorate of Dhofar's other towns offer a simpler choice, ideal for those exploring this region and small road side cafes offer freshly cooked meat meals made in the local style. For visitors looking for more familiar brands visit Salalah's main shopping areas and malls.





Hotels

Salalah's fine beach front hotels are well spaced along the coastline to allow guests to enjoy their superb facilities including the soft white sand beaches. They include international brands and Omani luxury boutique hotels. The restaurants in the beach front hotels welcome people who only wish to enjoy dining the hotel. Enjoy fine food and welcoming service when you visit Salalah.





Salalah Tourism Festival

The Governorate of Dhofar hosts activities in its various towns throughout the year, from camel racing in Thumrait to a family fair in Taqah. However by far the largest event is the Salalah Tourism Festival which takes places during the Khareef and usually has its peak during August. With a tremendous variety of activities spread throughout the city, the festival makes it difficult not to be caught up in the event. Cultural and folklore shows take place in several locations in Salalah featuring Omani and foreign artists, allowing even those casually interested to enjoy special performances from around the world. Shopping events draw into Salalah traders from a large number of countries offering produces not usually available in Salalah. For book lovers there is usually at least one major book fair which offers a vast variety of books both factual and academic and fiction. The key location for the Salalah Tourism Festival is the Al Murooj Amphitheatre set on the road to Atin, just south of the Salalah bypass. Events as diverse as Arabic poetry reading and concerts by major international Arab singers are the highlight of each year's festival.





Activities

From simply relaxing on your favourite beach to enjoying the exhilarating thrill of game fishing, the Governorate of Dhofar offers a wide range of activities. With such superb mountains there are many attractive walks available. Hidden valleys offer delightful areas to explore while the escarpments and slopes provide panoramic views of the Arabian Sea. Game fishing in the Arabian sea is an exhilarating sport, the fish are large and energetic. Enjoy a more relaxing way to enjoy the fish, below the waters, while scuba diving during the winter months.





True Explorina Style

Close to the centre of the city of Salalah are horse stables where you can enjoy a ride in either a simple paddock or along an extensive beach. If you want to ride a Camel, head out with a guide and try your hand piloting the 'ship of the desert' in true exploring style. There are tour operators who can organize 4X4 excursions into the Rub Al Khali either during a single day or as a chance to camp under the stars.

Enjoy your stay.

Hotels & Restaurants

	Tel		Tel
Hilton Salalah Hotel	+968 23211234	Ba'Albek Lebanese Restaurant	+968 23298834
Crown Plaza Salalah Hotel	+968 23238000	Waterfall Restaurant	+968 23288233
Marriot Resort - Salalah Beach	+968 23268245	Sham Palace Restaurant and Cafe	+968 23211222
Haffa House Hotel	+968 23295444	Topaz Restaurant	+968 23297100
Hamdan Plaza Hotel	+968 23211025	Turkish Land Restaurant	+968 23227288
Juweira Hotel	+968 23239600	Expert Shami Restaurant	+968 22028004
Samahrem Village for Hotel Apartment	+968 23211420	Irani Radhwan Restaurant	+968 23288836
Dhofar Hotel	+968 23290484	Jerash Restaurant	+968 92400620
Salalah Hotel	+968 23295626	(Yemeni food) Mukalla Creek Restaurant	+968 99589392
Al Hana Hotel	+968 23290274	Omani Food Restaurants	
AL Jabal Hotel	+968 23210611	Bin Ateeq Restaurant	+968 23292384
Youth Hostel - Areen Sahnoot	+968 23234810	Bin Ateeq Restaurant	+968 23225652
Darbat Hotel	+968 23295877	Bin Ateeq Restaurant	+968 23290232
Abraj Hotel Apartment	+968 23295009	Bin Ateeq Restaurant	+968 23292380
Al Nasir Hotel	+968 23294815	Al-Sahala Restaurant	+968 23299118
Al Hana Hotel Ateen	+968 23211697	Restaurants / Snack Food	
Al Mazyuna Hotel	+968 9293500	Lebanese House Restaurant	+968 23212100
Bamseer Hotel	+968 23202556	Chicking Chicken	+968 23293539
Thamrit Hotel	+968 23279371	Penguin Restaurant	+968 23299972
As Saada Hotel Apartment	+968 23225250	Italian Pizza	+968 23291666
Beach Resort for Hotel Apartment	+968 23235999	Abu Zachary Restaurant	+968 23295330
Qatbit Guest House	+968 23212760	Abu Zachary Restaurant	+968 23236264
Dar As Saada Hotel Apartment	+968 23225065	Abu Zachary Restaurant	+968 23225434
Nile Hotel	+968 23225804	Abu Zachary Restaurant	+968 23210506
Bait Al hana for Hotel Apartment	+968 23291005	Lilac Flower Restaurant	+968 23225105
Gulf Complex hostel	+968 23292686	Coffee Shops	
As Saada Plaza Hotel Apartment	+968 23225451	Brownies Coffee House	+968 23297575
Main Restaurants	60	Paris Cafe	+968 23202293
Kebab & Curry Restaurant	+968 23201350	Sport Cafe	+968 94001515
Chinese Restaurant	+968 23291400	Maestro Cafe	+968 96660007
Chinese Restaurant	+968 23225133	Ateena Cafe	+968 98141067
Waterfall Chinese Restaurant	+968 23289844	Venice Cafe	+968 99088407
Silver Jewel Restaurant	+968 23294401	Moon Cafe	+968 23201169
Mazaya of Salalah Restaurant	+968 92180323	Cinnamon Cafe	+968 23290030
Hassan bin Thabit Restaurant	+968 23291010	Cave Ateen cafe	+968 98186065
Park and Beach Restaurant	+968 23236288	Bon Cafe	+968 23050393

Tour Operator's

Royal Oman Police (ROP)

Tel
+968 23292184
+968 23291467
+968 23297948
+968 23297846
+968 23213290
+968 23292183
+968 23299350
+968 23299615
+968 23295016
+968 23296246
+968 23297796
+968 23289299
+968 23290990
+968 99494269
+968 23202527
+968 23297838
+968 23294991
+968 23295011
+968 23292722
+968 23297312
+968 23291325
+968 23294324
+968 23289353
+968 23298072
+968 23299244
+968 23297984
+968 95036232
+968 23288798
+968 23298153
+968 23210499
+968 23299615

Dhofar Governorate Police, HQ	+96
Salalah Police Division	+96
Taqah Police Station	+96
Mirbat Police Station	+96
Sadah Police Station	+96
Wadi Hareet Police Station	+96
Tawi Ateer Police Station	+96
Ghado Police Station	+96
Raysut Police Station	+96
Arzat Police Station	+96
Thamrait Police Division	+96
Marmoul Police Station	+96
Al-Mazyona Police Station	+96
Sarfait Police Station	+96
Passports & Residence, Al Mazyona	+96
Civil Defence, Salalah	+96
Civil Defence, Taqah	+96
Salalah Airport Security	+96
Customs Department, Salalah Port	+96
Customs Department, Salalah Airport	+96
Sarfait Police Station	+96
Directorate of Traffic, Dhofar	+96

Hospitals and Medical Centres

Salalah Region	
Sultan Qaboos Hospital	+968 23216100
Salalah Health Center	+968 23216721
New Salalah Health Center	+968 23291747
Awgad Health Center	+968 23211685
Saada Health Center	+968 23225613
Dahreez Health Center	+968 23236145
North Salalah Health Center	+968 23289139
Qiroon Hirti Health Center	+968 23255022
Titam Health Center	+968 23281505
Hajeef Health Center	+968 23282202
Tagah Region	
Tagah Hospital	+968 23258041
Madinah Haq Hospital	+968 23282442
Jbjat Health Center	+968 23283344
Mirbat Region	
Mirbat Hospital	+968 23268095
Tiwi Ateer Hospital	+968 23283773
Sadah Region	
Sadah Hospital	+968 23277016
Hasik Health Center	+968 23284947
Hadbin Health Center	+968 23284647
Soob Health Center	+968 23284244
Thumrait Region	
Thumrait Health Center	+968 23279266
Shaleem Region	
Shaleem Health Center	+968 23200233
Cherbthat Health Center	+968 23200933
Shuwaymiya Health Center	+968 23200533
Mazyuna Region	
Mazyuna Health Center	+968 23271345
Rakhyut Hospital	+968 23200006
Shahab Asib Health Center	+968 23287227
Dhalkut Region	
Dhalkut Health Center	+968 23286006
Khadhrafi Health Center	+968 23286677







Ministry of Tourism

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